

Healing Energy

The practice of Reiki
As old as instinct
The art of laying hands
On the body
Human touch conveys
Warmth, serenity, and healing

Passed on to student from teacher
A precious gift to be shared
With the world

Cho-Ku-Rei
The light switch
May the power
Of the Universe
Be with you

Sei-He-Ki
Harmony and emotional healing
The earth and sky meet
God and man become one

Hon-Sha-Ze-Sho
Healing from a distance
Yes, it can be done!

The door has been opened
Just step inside
To find the seven Chakras
Attunements, meditation
Natural healing, balance
The path to enlightenment
And so much more...

I am forever grateful
Always remembering
Practice, practice, practice!
Thank you, Teacher!
Thank you, Debbie!

Mary Ann Bozenski
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